


















WEEK 1	MAIN COURSES	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 20/09/2021 · 11/10/2021 · 08/11/2021 · 29/11/2021 · 04/01/2022 · 24/01/2022 · 14/02/2022 · 14/03/2022 · 04/04/2022			
MONDAY	Sausages , Homemade Wedges or Pasta & Beans or Peas	Jacket Potato with Beans or Tuna Mayo 	Fruit & Oat Crumble (use Phased Dawn)
TUESDAY	 Ravioli 1/2 Jacket Potato and Mixed Vegetables 	Jacket Potato with Beans or Tuna Mayo	Fresh Fruit Salad 
WEDNESDAY	Roast Turkey Roast & Mashed Potatoes, (use Phased Dawn) Carrots, Broccoli & Allergen Free Gravy	Jacket Potato with Beans or Tuna Mayo	Shortbread Biscuit (use Phased Dawn)
THURSDAY	Savoury Mince Allergen Free Gravy Mix, Boiled Potatoes or Pasta & Peas	Jacket Potato with Beans or Tuna Mayo 	Oat Biscuit (use Phased Dawn)
FRIDAY	Young's Dairy Free Fish Finger, Chips/Mashed Potato, (use Phased Dawn Marg) Pasta, Baked Beans or Peas	Jacket Potatoes with Beans or Tuna Mayo	Chocolate Biscuit (use Phased Dawn)

WEEK 2	MAIN COURSES	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 27/09/2021 · 18/10/2021 · 15/11/2021 · 06/12/2021 · 10/01/2022 · 31/01/2022 · 28/02/2022 · 21/03/2022			
MONDAY	 Ravioli, Half Jacket Potato or Pasta & Sweetcorn 	Jacket Potato with Beans or Tuna Mayo	Oat Biscuit (use Phased Dawn)
TUESDAY	Beef Bolognaise (Allergen Free Bouillon) Pasta & Mixed Vegetables	Jacket Potato with Beans or Tuna Mayo 	Winter Fruit Crumble (use Phased Dawn)
WEDNESDAY	Roast Turkey & Mashed Potato (use Phased Dawn to mash), Carrots & Green Beans (Allergen Free Gravy)	Jacket Potato with Beans or Tuna Mayo 	Fruit in Jelly (use Vegetarian Jelly) & Shortbread Biscuit (use phased Dawn)
THURSDAY	Beef Meatballs in Homemade Tomato Sauce (Allergen Free Bouillon) Pasta & Mixed Vegetables 	Jacket Potato with Beans or Tuna Mayo	Fruit Salad 
FRIDAY	Young's Dairy Free Fish Finger, Chips or Pasta or Mashed Potato, (use Phased Dawn Marg) Pasta, Baked Beans or Peas	Jacket Potato with Beans or Tuna Mayo	Chocolate Biscuit (use Phased Dawn)

WEEK 3	MAIN COURSES	ALTERNATIVE	DESSERTS
WEEK COMMENCING: 04/10/2021 · 01/11/2021 · 22/11/2021 · 13/12/2021 · 17/01/2022 · 07/02/2022 · 07/03/2022 · 28/03/2022			
MONDAY	 Sausage, Mashed Potato (use phase Dawn) or Pasta With Spaghetti or Peas 	Jacket Potato with Beans or Tuna Mayo	Oat Biscuit (use Phased Dawn)
TUESDAY	Beefy Macaroni (Allergen free Bouillon No Cheese) & Mixed Vegetables 	Jacket Potato with Beans or Tuna Mayo 	Winter Fruit Crumble (use Phased Dawn)
WEDNESDAY	Roast Beef, Roast & Mashed Potatoes (phase Dawn to Mash), Carrots, Cauliflower & Allergen Free Gravy	Jacket Potato with Beans or Tuna Mayo	Shortbread Biscuit (use Phased Dawn)
THURSDAY	Ravioli, Homemade Wedges or Pasta & Mixed Vegetables	Jacket Potato with Beans or Tuna Mayo	Fruit Salad 
FRIDAY	Young's Dairy Free Fish Finger, Chips/Mashed Potato, (use Phased Dawn Marg) Pasta, Baked Beans or Peas	Jacket Potato with Beans or Tuna Mayo 	Chocolate Biscuit (use Phased Dawn)